

## Why PBIS?

Typical discipline systems in schools have been based on reaction to negative behavior and punishment of the offender. Hundreds of studies have shown, however, that this approach does little to reduce chronic misbehavior, nor does it produce positive long-term outcomes for schools or students. The PBIS method of school discipline is different in four key ways:

- ❖ **Prevention** Correct behaviors are established, taught, modeled, and acknowledged in a systematic way throughout the school. Students are “caught” engaging in desired behavior and this behavior is regularly reinforced and recognized.
- ❖ **Response** The response to undesirable behavior is organized, systematic, consistent and careful. Considerable thought and effort goes into getting the entire school community on the same page with respect to common definitions of, and the most effective response to, problem behaviors.
- ❖ **Data-driven** Discipline data is collected school-wide in a user-friendly format. When this information is entered and analyzed in an established on-line database, the data provides guidance for understanding when and where problem behavior is more likely to occur. Strategies to address behaviors in these situations are developed, and the data then provides evidence for whether the strategies are working.
- ❖ **Process** PBIS is not a curriculum or a prepackaged program. Rather, it is a framework that guides the school community through a process of addressing the unique culture, climate and behavioral issues within each school. The idea is to work smarter, not harder, to improve behavior and school climate.

## For More Information

- Visit the CVHS website at

[www.conval.edu](http://www.conval.edu)

- Visit the NH CEBIS website at

[www.nhcebis.seresc.net](http://www.nhcebis.seresc.net)

- Contact a member of the Universal Team

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## ConVal High School's Behavior Improvement Plan

**P**ositive

**B**ehavioral

**I**nterventions and

**S**upport

**PBIS-NH**

**Changing behavior so that  
teachers can teach and students  
can learn**

## Why Focus on Behavior?

Poor behavior in schools can be costly:

- Lost teaching time
- Property damage
- Disrespect, discouragement, frustration
- Low student / staff morale
- Lower academic outcomes
- Division between school and parents

Addressing behavioral issues and improving school climate should form the core of any school improvement plan.

## What Is the Purpose of PBIS?

The goals of PBIS is to provide the foundation for good education:

- Regain the teaching time currently spent in managing misbehavior
- Maximize on-task time and academic achievement for all students
- Increase positive and civil social behavior
- Increase family engagement in schools
- Improve school climate for students and adults

Long-term outcomes include:

- Enduring, positive changes in behavior
- Reduction in the need for serious disciplinary measures such as suspension and expulsion

- Increase in graduation rates and
- Improvement of post-high school outcomes for all students, including those with challenging behavior and educational disabilities

## Are NH Schools Already Doing PBIS?

More than 125 NH schools and organizations have embraced PBIS. These include pre-schools and childcare centers, elementary schools, middle schools, high schools, multi-level schools, and alternative schools. More than 10% of students attending public school in NH are being reached through the state's current PBIS initiative.

### Schools in SAU 1 participating in PBIS include

- ConVal High School
- South Meadow Middle School
- Peterborough Elementary
- Pierce Elementary
- Dublin Consolidated

## Who Offers PBIS?

In NH, extensive PBIS training and technical assistance are offered through the [New Hampshire Center for Effective Behavioral Interventions and Support \(NH CEBIS\)](#), a joint project of SERESC and Rivier College. The two directors of NH CEBIS, Eric Mann, LICSW and Howard Muscott, Ed. D., are highly experienced educators and behavioral consultants.

## Who Pays for NH CEBIS Training and Support?

NH CEBIS receives state and federal monies through grants administered by the New Hampshire

Department of Education and the New Hampshire Department of Health and Human Services – Division of Behavioral Health.

This funding allows NH CEBIS to provide extensive training, on-site facilitation, behavioral expertise and technical assistance at no charge to schools for the first two full years of involvement in PBIS. During the third year, schools are expected to begin paying the licensing fee for the use of the behavioral database (\$250/yr), and trainings are less extensive. By year five, schools are expected to be self-sufficient, with PBIS fully implemented.

## Continuum of Positive Behavior Interventions & Support

All Students in School



