Strategies to Prevent & Respond to Inappropriate Behavior



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Session Description

Effective classroom management includes strategies for responding to challenging behavior.

A continuum of evidence-based practices for responding to inappropriate behavior will be presented during this session.

Prevention of Problem Behavior Spend 80% of your time here........

Action vs Reaction

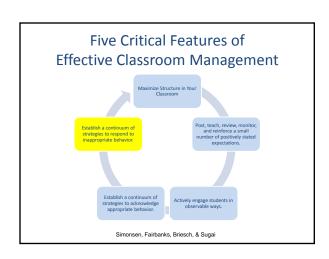
Teach, review, provide feedback on expectations Acknowledge appropriate behavior 4 to1 Actively Supervise Actively Engage

Acknowledgements

Brandi Simonsen Sarah Fairbanks Amy Briesch Diane Myers George Sugai

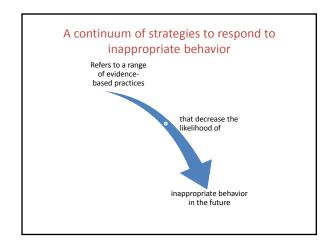
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Five Critical Features and Evidence-Based Practices of Effective Classroom Management					
Critical Features of Effective Classroom Management					
Maximize Structure in Your Classroom	Post, teach, review, monitor, and reinforce a small number of positively stated expectations	Actively engage students in observable ways	Establish a continuum of strategies to acknowledge appropriate behavior	Establish a continuum of strategies to respond to inappropriate behavior	
	Evic	dence-Based Practices			
High classroom structure	Post, teach, review, and provide feedback on expectations	Rate of opportunities to respond (OTRs)	Specific and/or contingent praise	Error correction	
Physical arrangement that minimizes distraction	Active Supervision	Direct Instruction	Class-wide group contingencies	Performance feedback	
		Computer assisted instruction	Behavioral contracting	Differential reinforcement	
		Class-wide peer tutoring	Token economies	Planned ignoring	
		Guided notes		Response cost	
				Time out from reinforcement	



			Practic	CJ		
	Evidence-Based Practices					
High classroom	Post, teach, review,	Rate of	Specific and/or	Error correction		
structure	and provide	opportunities	contingent			
	feedback on	to respond	praise			
	expectations	(OTRs)				
Physical	Active Supervision	Response	Class-wide	Performance		
arrangement that		Cards	group	feedback		
minimizes			contingencies			
distraction						
		Direct	Behavioral	Differential		
		Instruction	contracting	reinforcement		
		Computer	Token	Planned ignoring		
		assisted	economies			
		instruction				
		Class-wide		Response cost		
		peer tutoring				
		Guided notes		Time out from		
				reinforcement		

Continuum of evidence-based strategies to respond to inappropriate behavior • Error Correction • Performance Feedback • Differential Reinforcement • Planned Ignoring • Response Cost • Time out from Reinforcement



The continuum should include the use of As well as more complex Simple Performance Feedback Performance Feedback Performance Feedback Performance Feedback Performance Feedback

strategies to respond to inappropriate behavior

Evidence base: Error Correction

- Delivering error correction is an important strategy used in response to academic and social behavior errors. From an academic perspective, error corrections that were direct, immediate, and ended with the student emitting the correct response were most effective in increasing future success rates (i.e., decreasing errors; Barbetta, Heward, Bradley, & Miller, 1994).
- Providing corrective feedback during oral reading activities improved word recognition and reading comprehension (Baker, 1992; Singh, 1990; Singh & Singh, 1986).
- With regard to social behavior, providing direct, brief, and explicit error corrections or reprimands following undesired behavior decreased such behavior (McAllister, Stachowiak, Baer, & Conderman, 1969).
- Error corrections or reprimands that were loud in tone were less effective than quiet or discreet corrections (O'Leary & Becker, 1968).
- Further, error corrections that were brief (i.e., 1 to 2 words) were more effective than longer error corrections (i.e., 2 or more phrases; Abramowitz, O'Leary, & Futtersak, 1988), and corrections that were delivered consistently were superior to those delivered inconsistently (Acker & O'Leary, 1988).

Quick Error Corrections

- Your error corrections should be...
 - -...contingent: occur immediately after the undesired behavior
 - -...specific: tell learner exactly what they are doing *incorrectly* and what they should do differently in the future
 - -...brief: after redirecting back to appropriate behavior, move on

Immediately after a behavioral error
occurs, the teacher should

1. Remove attention from learner displaying inappropriate behavior

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- 2. Focus on learner(s) nearby exhibiting the expected behavior
- 3. Secure learner's attention using proximity, privacy, eye contact
- 4. Tell the learner exactly what they are doing incorrectly
- 5. Tell the learner what they should do differently in the future
- 6. Inform him/her of expected behavior
- 7. Redirect the learner to expected behavior (gesture/verbal prompt)
- 8. Provide immediate opportunities for practice
- 9. Acknowledge the changed behavior when it occurs

Practice Activity for Error Correction

 This video demonstrates the instructional strategies of <u>Opportunities to Respond, Correction, and Formative</u> <u>Assessment within a Behavior instructional focus.</u>

These strategies are being used in a Elementary School, Individual and Group Instruction context with General Education/LBD students.

 This video demonstrates the instructional strategy of Correction within a Behavior instructional focus.

These strategies are being used in a Middle School, Individual Instruction context with Autism/MSD students.

 This video demonstrates the instructional strategies of Modeling, and Correction within a Behavior instructional focus.

These strategies are being used in a Elementary School, Individual Instruction context with General Education/LBD students.

Evidence base: Differential Reinforcement

Differential reinforcement procedures can improve overall appropriate behavior while reducing inappropriate behavior (Deitz, Repp, & Deitz, 1976; Repp, Deitz, & Deitz, 1976; Didden, de Moor, & Bruyns, 1997; Zwald, & Gresham, 1982). Similarly, planned ignoring, in combination with other strategies (e.g., establishing rules and praising appropriate behavior) was associated with increases in appropriate social (Madsen, Becker, & Thomas, 1968; Yawkey, 1971) and study behavior (Hall, Lund, and Jackson, & 1968).

Differential Reinforcement

- DR...of *lower* rates of behavior (DRL)
 - Reinforce the individual only after the target behavior occurs at a predetermined low rate
- DR...of other behaviors (DRO)
 - Ignore the problem behavior while reinforcing any appropriate/replacement behavior within a defined period of time
- DR...of *alternative* behavior (DRA)
 - Reinforce an alternative behavior to the inappropriate behavior and ignore the inappropriate behavior
- DR...of *incompatible* behavior (DRI)
 - Reinforce an appropriate behavior that actually interferes (physically or functionally incompatible) with the inappropriate behavior and ignore the inappropriate behavior

DR...of *lower* rates of behavior (DRL) example

- ✓ Cathy thinks she knows all the answers and is constantly raising her hand in class.
- ✓ The instructor wants her to contribute but does not want her to monopolize the class discussion.
- ✓ She sets a limit for Cathy's contributions at five.
- ✓ If Cathy limits her contributions to five during the period, she gets to be the teacher's assistant for the next period.
- ✓ If she goes above five, another student is picked to be the assistant, and the teacher ignores her hand raises.

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Differential Reinforcement

Utah State Office of Education

DR...of *other* behaviors (DRO) example

- $\checkmark\,\,$ Bob constantly talks out in class and disrupts the other students.
- $\checkmark\,$ The teacher has indicated to Bob that he needs to "not talk out" for at least 10 minutes.
- \checkmark If he can work quietly and not talk out, he will receive 2 minutes of extra free time.
- ✓ The teacher points out that in an hour, Bob could earn 12 minutes of free time.
- During the 10 minutes while he is quiet, the teacher makes several positive comments about his following the rules, working quietly, and completing his work.
- If Bob does talk out, he does not receive the extra 2 minutes for the 10minute period and is ignored by the teacher.

LRBI	Checklis

Differential Reinforcement

Utah State Office of Education

DR...of *alternative* behavior (DRA) example

- √ Tricia is a first grader and is always out of her seat.
- ✓ She disturbs the rest of the class and wanders around the room when the teacher is talking.
- ✓ The teacher decides to ignore her when she is out of her seat without permission.
- ✓ However, when she is in her seat and coloring or completing her work, the teacher smiles and reinforces her for working hard.

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Differential Reinforcement

Utah State Office of Education

DR...of *incompatible* behavior (DRI) example

- ✓ Danny is a boy with autistic behaviors.
- ✓ He self stimulates by mouthing his hands.
- ✓ Because of the mouthing, sores are developing on his hands, and his doctor is concerned.
- His instructors have taught him to hold on to the side of his wheelchair or to play with a preferred toy as incompatible behaviors.
- ✓ When he mouths, his instructors simply take his hand out of his mouth and do not pay attention to him.

LRBI Checklist

Differential Reinforcement

Utah State Office of Education

'Real' Time with Error Correction

- Looks like?
- Sounds like?
- Tone of voice



- The relevance o
- Redirection <u>NOT</u> Recrimination (i.e. discipline versus nagging)

What We Want Versus What We Do





- GIVES 20 MINUTE SPEECH ABOUTHOT WASTING TIME
- · One goal we have as educators is for students to be on-task as much as
- The reality is that we spend too much time describing (or asking, lecturing, nagging, pleading, negotiating, etc) our goal (e.g. learning) to our students rather than ACTUALLY accomplishing it.
- . The Good News: students typically have previous experience with classroom expectations so reminders are really just an affirmation of what students come through the door KNOWING but perhaps
- Hence, the use of error correction.

Differentiated Reinforcement of Lower Rates of Behavior

The Card Trick (DRL):

- Student raises hand to ask questions to the point of disruption.
- Student is allotted 3-5 playing cards face down and can flip
- one to ask question (per hour/period/morning, etc.).
- This is paired with praise (i.e. attention) from teacher. Remember: the goal is to increase the occurrence of desired behavior (i.e. appropriate hand-raising).

Resources

Error Correction University of Louisville ARBI Instructional Videos

IRIS Educational Media, Geoff Colvin Managing Non-Compliance - Effective Strategies for K-12 Teachers https://www.irised.com/products/k_12/managing_noncompliance#desc

Differential Reinforcement The IRIS Center, Vanderbilt University

Behavior and Classroom Management, Module: Addressing Disruptive and Noncompliant Behaviors (Part 2*): Behavioral Interventions, Perspectives and Resources, pages 5,6,7,8: Differential Reinforcement

Utah State Office of Education: LRBI Resources Level I - Positive Intervention Strategies: Print Checklists Differential Reinforcement - Video <u>www.usu.edu/teachall/text/behavior/LRBI.htm</u>

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Before you leave the session...

- Pull out the blue sheet titled, "Evaluation Worksheet Notes"
- Take a moment to respond to the breakout session questions
- These notes will assist you in completing the online evaluation after the conference
- Your comments are valued and assist in developing future conference sessions